

AmeriCorps Seniors who serve in our RSVP program choose how, where, and when they want to serve.



**Clinton County  
AmeriCorps Seniors  
RSVP volunteers are  
everywhere in our  
community**

- AARP Tax Aide
- Interfaith Food Shelf
- JCEO
- Literacy Volunteers
- United Way
- Journey into Reading
- Senior Citizens Council
- Meals on Wheels
- Vets Feeding Vets
- Rescued Treasures Thrift
- St Joseph's Thrift Shop
- CVPH/UVM
- Elementary Schools
- St Peter's Soup Kitchen
- North Country Red Cross



**AmeriCorps  
Seniors**

#### WHO CAN SERVE?

AmeriCorps Seniors is open to individuals 55 and older.

#### HOW CAN I SERVE?

You choose how you want to give back. Help a struggling child to learn to read. Deliver groceries to an elderly neighbor. Support a family impacted by natural disaster.

#### WHEN CAN I SERVE?

You choose the way to help that suits your schedule, skills, & interests with commitments ranging from a few hours up to 20 or even more hours weekly.

**AmeriCorps Seniors  
Clinton County**

**1349 Military Turnpike  
Plattsburgh, NY 12901  
Phone: 518-566-0944**

**Email:**

**[kgardner@cathcharities.org](mailto:kgardner@cathcharities.org)**

# AmeriCorps Seniors

## RSVP

**Make Giving Back  
Your Second Act**



**AmeriCorps  
Seniors**

**Improving lives,  
strengthening  
communities, and  
fostering civic  
engagement through  
service and volunteering**



**Catholic  
Charities**

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## FAST FACTS

84% of AmeriCorps Seniors volunteers report improvements in health and wellbeing after just 1 year of service.

Each year, we partner with more than 20 organizations, schools and health facilities committed to helping communities county-wide.

Last year Clinton County AmeriCorps Seniors RSVP served 15,000 hours giving back to others in our community.

AmeriCorps Seniors RSVP of Clinton, Essex, Franklin & Hamilton Counties are programs of and sponsored by Catholic Charities of the Diocese of Ogdensburg.

AmeriCorps Seniors RSVP of Clinton, Essex, Franklin & Hamilton Counties receive annual funding support from New York State Office for the Aging.

Catholic Charities of the Diocese of Ogdensburg and its AmeriCorps Seniors programs are partner is a United Way of the Adirondack Region partner agency.

**To Learn More: Phone AmeriCorps Seniors at 518-566-0944**

## BENEFITS TO BEING AN AMERICORPS SENIORS RSVP VOLUNTEER

### INSURANCE

Volunteers receive supplemental accident and liability insurance while in service.

### MILEAGE REIMBURSEMENT

Volunteers can receive modest reimbursement to help defray travel costs.

### ANNUAL RECOGNITION

Volunteers receive appreciation at an event that usually includes good food, fellowship, and fun.

### IMPROVED HEALTH AND WELLBEING

Volunteering improves overall health and happiness. AmeriCorps Seniors volunteers report feeling happier and healthier while making a difference.